



THE WARRIOR

Summer 2014

***The Story Behind the Story:
EXERCISE TIGER Lyme Bay, England
April 22-30, 1944***

Submitted by: Marisa Flowers, HIM

They say that “curiosity killed the cat” and I tend to agree! In light of recent events here at the Missouri Veterans’ Home – Mexico, I believe that a brief history lesson is warranted. Specifically, the wreath laying ceremony that was held in our facility April 28, 2014, commemorating the 70th anniversary of the tragic events that unfolded in the early morning hours of April 28, 1944, known as “Exercise Tiger”.

“Exercise Tiger” had its genesis more than a year prior to its execution when President Roosevelt & Prime Minister Churchill met at Casablanca in January 1943, to set up the COSSAC (Chief of Staff Supreme Allied Commander) & to take over the planning of Europe’s re-invasion. In charge, Lieutenant General Sir Frederick Morgan & his deputy, Brigadier General Ray Barker (USA Army). By June 1943, they had considered all options for the re-invasion. During a high powered meeting at the Hollywood Hotel, Largs Scotland, the most important decision of World War II was made.

The decision? The invasion of Normandy, France.

Slapton Sands, just south of Torquay in Devon, was chosen as the most suitable practice & training area. Its characteristics were most like that of the “Omaha” & “Utah” beaches. And, approximately 10 miles inland was Dartmoor which was already being used by the Army for training purposes. There were other beaches selected to simulate landings for the “D-Day” invasions of “Gold, Juno & Sword”. But none faced the threat of the horrific fate that lay ahead for Slapton Sands.

Re-invasion planners knew Germans would be aware of the increased navel activity in the channel during training. So European natives that lived near Slapton Sands were moved out in late 1943 to prevent enemy compromise of Allied plans. All maneuvers & exercises that were carried out in the area were done so in the strictest of secrecy. It was hoped that enemy forces would be “dazed & confused” by deception & frequent assembly of large numbers of landings & support craft followed by immediate dispersal.

There were multiple German successes between the planning stages and the opening of the Slapton Assault Training Area. Once open, the slow moving traffic in the Channel increased dramatically and so did target opportunities for the German E-boats. This was tragically confirmed during the early morning hours of April 28, 1944, forever known as “Exercise Tiger”.

749. 198 sailors. 551 soldiers. 749, the toll of the dead & missing when the waters of the English Channel at last ceased to wash bloated bodies ashore.

The Warrior is published quarterly by the Missouri Veterans Home - Mexico, MO. Anyone wishing a free subscription may contact the Home at #1 Veterans’ Drive, Mexico, MO 65265 or by calling 573-581-1088 x 1286.

Larry D. Kay, Executive Director

Cheryl Lybarger, Administrator

Susan Paden, Editor/Typist



Above:
Our guys are entertained by the Johnson Jubilee Band

Below:
Clyde the St. Bernard visits with residents and staff on 2nd floor.



Left:

Nicole discusses Mardi Gras with Leonard & Dwight



Above:
Babe Thomas and Gene Hardin visit with Clyde the St. Bernard.



Above:

Mexican Train Dominoes is a hit with the Veterans

Employee Corner

Nicole Maggard, Activity Aide, was selected as the March 2014 Employee of the Month. Nicole was nominated by one of the residents for always being for Veterans. She does special activities and sees that it is fun and entertaining for them. Recently, she came in on her day off and did a Super Bowl Party serving some of the best chicken wings and taco soup and making the event special for the Veterans. If a new idea is suggested she is willing to make it happen if at all possible. She is a true asset to the team!! Thanks, Nicole!!

Conda Smith, Laundry Worker, was selected as the April 2014 Employee of the Month. Conda was selected because of her dedication and commitment to her job. She is committed to completing her duties each day before leaving, she ensures that the Veterans have their clothing delivered back to them in a timely manner and she is a true team player. The comment was made that she runs a hundred miles a day to ensure things are done and done right.

Congratulations, Conda!!

Tami Grawe, Custodial Worker was selected as the May 2014 Employee of the Month. Tami was selected because hse is always to help everyone in need and make sure everyone feels welcome and comfortable. She is devoted, cheerful and helpful to the residents and other staff members. Tami does things off the clock for the residents and brings food in for them. She is never too busy to stop and visit with any of the Veterans and she often shares jokes or stories that will bring a smile. She recently encouraged one Veteran who needed a little nudge to be social and adjust to his new environment and it has made a difference--he is now going on outings and enjoying other programs. Congratulations, Tami!!

All these employees were recognized at a reception at which time they received a certificate of appreciation, a \$25 check, a certificate for a day off with pay and a reserved parking place during the month.

New Employees

Karol Dunkle, C.N.A.	02/24
Samantha Forsee, C.N.A.	02/24
Christine Whitworth, C.N.A.	02/24
Shelly Chick, C.N.A.	03/17

WELCOME TO ALL OF
YOU!



MVH PARTICIPATES

Several residents and staff members participated in the Missouri Trash Bash on Friday, April 25th by picking up trash along Old "J". Above is Susan Paden, Marlene Benne & Kathy McCluggage with the bags of trash they picked up.

Happy Birthday to you.....

June	
Howard Frye	06/02
John Holik	06/04
Jim Berry	06/05
Chester Williamson	06/08
Stanley Smith	06/09
Leland Firman	06/10
Harry Durbin	06/11
T A Piper	06/13
Dennis Knudson	06/13
Lloyd Jones	06/16
Vernon Davis	06/18
Louie Lewis	06/20
William Wheat	06/23
John Brady	06/26
Harry Rodecape	06/26
Paul Watkins	06/29
Dean Shelley	06/29
July	
Betty Crum	07/02
Ralph Bartels	07/04
William Womack	07/05
Mildred McKeehan	07/05
William Jacobs	07/05
Robbie Wren	07/09

Ronald Smith	07/09
Lloyd Coleman	07/17
Leonard Armontrout	07/19
Bill Eckert	07/26
Ralph Omer	07/27
August	
James Bibee	08/03
Allen Leverett	08/10
Paul Salois	08/15
Ted Splitt	08/19
Forrest Moulden	08/21



Ray Martin	08/23
Austin Miller	08/26
Doe Fort	08/31

HAPPY BIRTHDAY TO EACH OF YOU!!!

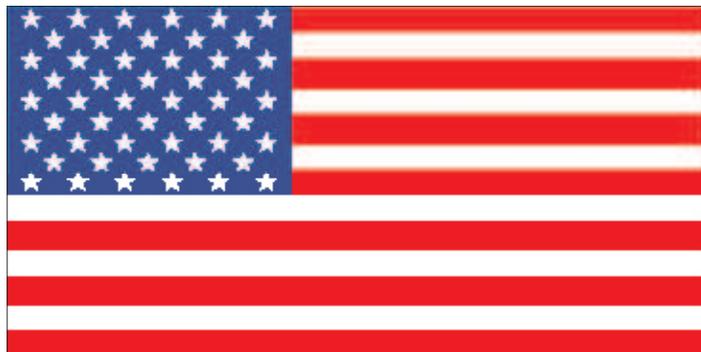
MARK YOUR CALENDAR

Alzheimer Support Group - Wednesday, June 18, 2014 at 1:30 p.m. at the facility.

Veterans Council - Wednesday, June 18, 2014 at 1:45 p.m. in the dining room.

Family Council - Saturday, July 19, 2014 at 10:00 a.m. at the facility.

Family Day - Friday, September 12, 2014 at the facility.



CENSUS

WWII	71
KOREA	50
VIETNAM	25
PEACETIME	14
DESERT STORM	00

ARMY	90
NAVY	33
AIR FORCE	17
MARINES	10
COAST GUARD	00
NATIONAL GUARD	00

MEXICO VETERANS

HOME SALUTES...

Forrest Moulden was born on August 21, 1923 in the northeast Kansas town of Soldier. He was the youngest of three boys and grew up on a farm. His parents farmed corn, oats and wheat and they had some cows for milk and butter. As a child Forrest enjoyed hunting rabbits and squirrels and has fond memories of homemade ice cream every 4th of July. During high school he played quarterback for the football team.

After graduating high school, Forrest followed the tradition set by his father and two older brothers and joined the Navy. He served from 1941-1947 during WWII. He did his basic training in San Diego, California and went to Air Craft Mechanic School in Seattle, Washington. He was stationed in the Aleutians on the island of Kodiak off the southern coast of Alaska. He served as an aviation mechanic and prepared planes for service for the carriers. One of his most significant memories from service was after the Battle of Midway when the Japanese tried to turn on the Aleutian Islands, where he was serving, and establish a base there. He recalls having to fight the Japanese until they gave up and left. From his service Forrest earned an Asiatic-Pacific Area Campaign Medal, an American Area Campaign Medal, an American Defense Medal, a WWII Victory Medal and a Good Conduct Medal.

Forrest and his wife met at a basketball game during high school and they married June 12, 1943 during one of Forrest's leaves from service. After his discharge from the Navy they moved to Reno, Nevada where he worked as a manager of customer service and distribution for Thomas & Betts Corporation. The company was a designer and manufacturer of electrical components. They shipped parts to all of the South Pacific, the Alaskan Pipeline, Lockheed and to Boeing. Forrest and his family moved several times for his job and eventually ended up in Kansas City, Missouri where he attended Rockhurst College for a year, studying general accounting. After retirement from Thomas & Betts, Forrest and his wife enjoyed traveling. They celebrated their 25th Wedding Anniversary in Hawaii, took a trip to Acapulco and toured many countries in Europe. Some of his favorite memories of Europe include gambling in Monte Carlo, seeing the Eifel Tower of Paris, the Crown Jewels and Big Ben in London, a gondola ride in Venice, eating at McDonalds in Germany and several other memories. In his spare time he enjoyed home gardening. He has a son who lives in Springfield, Missouri and a daughter in Mission, Texas. He also has one grandchild and two great-grandchildren.

Forrest came to the Missouri Veterans' Home in September 2013. We're so proud to know and serve him. Please join us in congratulating Forrest and his family as we salute him as the March Resident of the Month!

Pete Greenwell was born on December 15, 1931 in Kirkwood, Missouri as the youngest of eight children. His mother was a homemaker and his father worked at the St. Joseph Seminary College for Priests where he took care of the dairy farm and small crops. Pete and his family lived on campus at the seminary and enjoyed all the campus meals, entertainment and events. Pete loved sports and had tennis and handball courts right outside his front door on campus. He enjoyed playing hockey in the winter, swimming in the summer and any other sport whenever he had the chance. He loved fishing and recalls dragging his mother's galvanized tub down to the campus' five acre lake and filling it up with water to hold all the fish he caught. He usually threw the fish back at the end of the day, but sometimes his mom would fry them up and she'd cook even the tiniest fish for him if he asked her to. In addition to sports, Pete enjoyed reading history and western books as a child. He and his family also enjoyed tending to their own small garden and their chicken house and gave away produce to their neighbors. He feels fortunate to have had a wonderful relationship with his parents and siblings. He had several older brothers who took care of him and every one of them bailed him out of trouble at some point!

Pete graduated from Eugene Coil Catholic High School in 1949. Then he joined the Air Force and the Korean War began six days after he signed up. But Pete wasn't concerned, he was young and ready to see the world and serve his country. He was very disappointed when he was stationed stateside at Keesler Air Force Base in Biloxi, Mississippi and Walker Air Force Base in Roswell, New Mexico. He was hoping to go overseas. Nonetheless, he still had fun and did what he could for his country. He served from 1950-1954 as staff sergeant and airborne radar technician. He took care of all the radar equipment on B-29 and B-36 planes.

After his military service, Pete married his wife, Judy, in 1961 and they had three children. Their daughter Sarah lives in Warrenton, Missouri with her husband and four children. After Sarah's children reached school-age she began volunteering at their school and was soon hired full-time at the school. Their daughter Amy lives in Nashville, Tennessee with her husband and two children. She is an opera singer for the Nashville Grand Opera Company. Their son Peter Jr. graduated from the University of Missouri and continues to be affiliated with the university through his job in computer science. He lives in Columbia, Missouri with his wife and two children. Pete and his wife spent their early years doing what their children wanted to do. They went to drive-in movies, trips with church groups and cheered on their children at sports events. Later they did some traveling on their own and now enjoy seeing their eight grandchildren.

After graduating from hairdressing college post-service, Pete worked at the best salon in Little Rock, Arkansas—a salon owned by his brother, Lou. Lou's father-in-law was the Director of Publicity for the state of Arkansas and sent famous visitors and their wives to Lou's salon. The wrestler "Gorgeous George" came into his shop to get his hair bleached before matches. Pete also styled Governor Rockefeller's wife's hair along with other political women. He eventually moved to St. Louis and worked in an upscale salon until retiring after a career of 44 years. He had many "standing appointments" and usually had about 15 clients a day.

After retiring, Pete got involved with his family's genealogy. He traced his heritage all the way back to the time of William the Conqueror in 1066. It was during the reign of William that one of Pete's ancestors was given a hill with a well on it and that's how the family got the name "Greenwell." His ancestors sailed from England to Baltimore, Maryland in the 1600's on either the Ark or the Dove ship. From there, some went to Kentucky after the Revolutionary War and that is where Pete's parents were raised.

Pete came to the Missouri Veterans' Home in November 2011. We're so proud to know and serve him. Please join us in congratulating Pete and his family as we salute him as the April Resident of the Month!

TAPS

We say farewell to:

Mr. Perry Reams passed away on February 13, 2014. He was admitted on June 12, 2008 as the 1114th resident. Mr. Reams served in the United States Army from 1942 - 1945.

Mr. W.D. Carter passed away on February 20, 2014. He was admitted on November 25, 2013 as the 1403rd resident. Mr. Carter served in the United States Navy from 1943 - 1946.

Mr. Alvin Duffner passed away on March 2, 2014. He was admitted on October 1, 2012 as the 1319th resident. Mr. Duffner served in the United States Navy from 1942 - 1946.

Mr. Ken Lanning passed away on March 8, 2014. He was admitted on April 28, 2011 as the 1256th resident. Mr. Lanning served in the United States Navy from 1944 - 1945.

Mr. Harold Ralph Griffin passed away on March 14, 2014. He was admitted on April 13, 2005 as the 938th resident. Mr. Griffin served in the United States Navy from 1943 - 1946.

Mr. Roy Ezell passed away on March 20, 2014. He was admitted on October 1, 2007 as the 1048th resident. Mr. Ezell served in the United States Army Air Force from 1942 - 1945.

Mr. Ronald Grove passed away on March 26, 2014. He was admitted on October 20, 2011 as the 1285th resident. Mr. Grove served in the United States Army Air Force from 1942 - 1945.

Mr. Paul Noble Young passed away on March 31, 2014. He was admitted on May 4, 1990 as the 295th resident. Mr. Young served in the United States Navy from 1968 - 1972.

Mr. Robert Allsman passed away on April 23, 2014. He was admitted on April 3, 2014 as the 1424th resident.

Mr. Allsman served in the United States Navy from 1951 - 1955.

Mr. Robert "Bob" Feiner passed away on April 25, 2014. He was admitted on March 6, 2012 as the 1308th resident. Mr. Feiner served in the United States Marine Corps from 1945 - 1953.



Above:
Exercise Tiger 70th Anniversary Ceremony held on April 28, 2014 at the facility.

Below:
Two "Tiger" Vets - Leonard Bruns and David Troyer participated in the ceremony by laying the wreath during the program



Donations

General:

VFW Post #6276	\$ 105.00
Al Whitaker VFW Post #6514	200.00
American Legion Post #312	150.00
Mr. & Mrs. Jimmie Kirtlink	100.00
St. Joseph School - 5th & 6th Grade	122.57
Dora Heath	145.00
Carol Pikey	200.00

Special Project:

American Legion Post #347	\$ 250.00
Dorothy Foster	300.00
American Legion Post Riders #122	100.00
Warren County American Legion Aux. #122	300.00
The Sociables Club	25.00
Mr. & Mrs. Robert Bradley	100.00
Anthony & Patricia Namlick	50.00
Joseph B. Koenig American Legion #147	250.00
Callaway VFW Auxiliary #2657	100.00
Grand of MO Running Bare MOCA #5	50.00
Jean Grimes	100.00
VFW Post #6276	500.00
Son of American Legion Post #5	250.00
American Legion Auxiliary #370	50.00
Mizzou Marines Detachment #828	500.00
Oliver Buehrle DAV Chapter #17	5000.00
Vandalia VFW Auxiliary #2173	25.00
CC Rutter	400.00
Kent & Paula Kurtz	200.00
Adair VFW Post #2508	500.00
Columbia Elks Lodge #594	387.50
Gamma Lambda Beta Sigma Phi	180.00
Mr. & Mrs. Ned Azdell	50.00
Adair VFW Post #2508	500.00
Hartsburg American Legion Auxiliary #424	250.00
Hannibal Elks Lodge #1198	250.00
Margaret Miller Chapter DAR	200.00

Personal Needs:

Hermann VFW Auxiliary #4182	\$ 50.00
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Bingo:

Ellia Family	\$ 50.00
David Brooksher	20.00
Anonymous	10.00
Callaway VFW Post #2657	50.00
Callaway VFW Auxiliary #2657	50.00
Be-Bo Bouncers 4-H Club	50.00
Vandalia VFW Post #2173	40.00
Vandalia VFW Auxiliary #2173	40.00
Rheva Tratchel	50.00
MOPH Chapter #115	1000.00

Indigent:

Ernest K. Gerhardt VFW Auxiliary #5923	\$ 300.00
Adair VFW Post #2508	30.00
Hermann VFW Auxiliary #4182	50.00
Ernest K. Gerhardt VFW Post #5923	100.00
DAV #17	750.00

Activities:

Saverton Ilasco United Methodist Women	\$ 100.00
Mexico Elks #919	140.00
Grand Lodge of the Elks	200.00

Al Duffner	10.43
Montgomery Chapter DAR	125.00
VVA #393	100.00
Columbian Chapter DAR	242.00
Frances Bybee Club	30.00
Margaret Miller Chapter DAR	100.00

Staff Activity:

Norman & Stanley Neely	\$ 25.00
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Golf Tournament:

Miriam Edmonston Charitable Foundation	\$ 1700.00
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NOTES FROM THE ADMINISTRATOR

Submitted by: Cheryl Lybarger

Our annual Federal VA inspection occurred the last week in March and even though the final report has not yet been received, all indications are that we had a deficiency free survey. We are anxiously awaiting the final report. The survey team conducted a very thorough review and was very complimentary of the facility, staff and our volunteer program.

The weather is finally warming up, so we are gearing up for our summer activities. A request has been submitted for Cardinal Ballgame tickets, we hope to hear back soon. Fishing trips and picnics are being discussed. We've elected to separate our Family day and 4th of July activities this year. Fireworks will light up the sky again at the Optimist fields' right in our back yard, providing every Veteran an opportunity to enjoy the beautiful display. Family day is being planned for September and more details will follow in the coming months.

We are proud to have a great working relationship with the students and leaders of the Missouri Military Academy. They've been to our home several times over the past several years, working, sharing their time, their talents, and exchanging stories with our Veterans. The choir and band have performed on many occasions leaving not one toe not tapping. They have provided community service hours that have spruced up our property, our vehicles, the residents wheel chairs, and shared computer skills with interested Veterans. It has been a delight to have them in our facility. They have helped close not only a generational gap between our Veterans and youth of today, but also created an opportunity to share cultural differences as several of the cadets are from a variety of other nations. The Veterans are so thrilled when there are young people in the facility that we decided to return the favor and visit some of the local elementary schools. One project that has been successful is "Veterans Read the Story", Veterans travel to McMillan Elementary School, just around the corner from our facility and read a book to students, opening up the opportunity for two very different generations to mingle, and for the Veteran to 'give' to the community.

Other such activities include the recent Easter egg hunts, where the Veterans provide hidden candy Easter surprises to the Kindergarten and Pre-School age children in the community, and enjoy watching the little people searching and sharing their prizes along with their handshakes or hugs! Oh the joy those little hands can bring to the wrinkled hand of a Veteran! Another annual spring activity involving the youth of the community is the Elk's sponsored Essay Contest, when the students with their winning essays, titled, "What a Veteran Means to Me" are brought by limo to our facility and allowed to read their essay to the Veterans. What a proud moment for both the student and the Veteran listening. In every one of these examples the young people in our community bring smiles to the faces of those we so proudly serve. Sharing only a brief few minutes with the Veterans, but creating a memory that will last for a long time with the Veterans. We wish to thank all of the individuals who take the time to bring these younger generations to Missouri Veterans Home, reminding us that life is not an age, but every age.

NEW MVH Staff Phone Directory

*Missouri Veterans Commission,
Department of Public Safety & State of Missouri
Employee of the Month Announcements*

Missouri Veterans' Home Phone # 573-581-1088
Missouri Veterans' Home Fax # 573-581-5356
Clinic Phone # 573-581-9630
Clinic Fax # 573-581-0315

PLEASE NOTE EXTENSION NUMBERS

Adams, Don - Engineer	1241
Allison-Mitchell, Yvonne - VSO	1258
Ames, Teresa - Environmental Serv.	1287
Baldwin, Linda - Personnel	1254
Benne, Marlene - Staff Devel. Coord.	1262
Blackburn, Janna - 2nd Floor Unit Mgr.	1289
Broughton, Brooke - Storekeeper I	1280
Bybee, Carolyn - MDS Coordinator	1302
Clay, Teresa - 1st Floor Unit Mgr	1291
Davidson, Rita - LPN, Social Services	1273
Edwards, Aliesha - 3rd Floor Unit Mgr	1267
Ezell, Brenda - Asst. Administrator	1283
Farnen, Jeanie - C.I.T.	1255
Flowers, Marisa - Supv. Health Info.	1264
Leible, Ron - Supply Manager	1279
Lybarger, Cheryl - Administrator	1251
Maggard, Nicole - Activity Aide	1295
McCluggage, Kathy - Accountant	1256
McManus, Matthias - Barber	1276
Paden, Susan - Volunteer Services	1286
Polacek, Joyce - Physical Therapy	1259
Reimann, Darrin - Recreation Therapy	1271
Rodenbaugh, Lisa - Nursing Scheduler	1252
Secrease, Connie - Medical Records	1260
Smithee, Stacie -Dir. Social Services	1265
Stevenson, Patrick - D.N.S.	1263
Stewart, Bonnie - Account Clerk	1257
Stone, Nicole - Social Services	1272
Spoor, Amy - Receptionist	1250
Wages, Jessica - Admission Coordinator	1253
Whelan, Heather - Timekeeper	1301
Winkelman, Kathy - Activity Therapist	1270
Young, Sandy - Food Service Manager	1278
1st Floor Nurses Station	1221
2nd Floor Nurses Station	1222
3rd Floor Nurses Station	1223

John Morgan, Nursing Assistant II for the Missouri Veterans' Home - St. James, was selected as the March 2014 Missouri Veterans Commission Employee of the Month.

John was nominated by his peers and selected because of the extra mile he goes to ensure that the residents receive the best care possible.

On December 24, 2013, John was assigned to pass out medications on the Special Care Unit. While passing out medications he noticed a resident was having difficulty breathing. John immediately checked on the resident, determined that he was choking, and began performing the Heimlich. Because of his quick response, the resident's life was saved.

In addition to his regular duties, John frequently assists with resident transport and is willing to change his hours of work to accommodate a resident or facility need. John is a true asset to the residents and St. James Veterans Home. Congratulations, John!!

Nicole Maggard, Activity Aide II for the Missouri Veterans Home – Mexico, was selected as the May 2014 Missouri Veterans Commission Employee of the Month.

Nicole was nominated by her peers and selected because of her dedication to Veterans.

She goes above and beyond her normal duties to show the Veterans she really cares. Recently, when some of the residents expressed interest in having a Super Bowl Party, Nicole came in on her day off, made some snacks and provided entertainment for everyone.

Nicole is known for coming in on her days off, bringing her children to visit and scheduling fun activities for the Veterans, encouraging them to participate. This is all very special to the Veterans.

Nicole's kindness and dedication for those we serve reflects well on the Commission as a whole and on herself in particular. Nicole is a true role model for all Commission staff. Congratulations, Nicole!!

MEMORIALS

NOTES FROM HOME

I want to thank everyone involved in W.D.'s care while at the Veterans' Home. The care attention he received from the nurses and staff was above anything I could imagine.

Also, I appreciated all the concerns extended to me while visiting.

Sincerely,
Neva Carter

Dear 2nd Floor Staff,

I want to thank you all for the loving care that my husband, Dave Clifford, received while he was a resident at the Mexico, MO Veterans' Home living on the 2nd floor.

He was with you 1 year and 8 months from Nov. 30, 2011 until he passed with your kind care on Aug. 7, 2013. In all that time I was so grateful for the courtesy and care that he received. Our daughter who has worked as a speech therapist in many nursing homes in the Columbia area would comment how clean and well groomed Dave looked. She said she doesn't always see that in her line of work.

Dave was very happy and content with you all. He never once told me to "take him home." He enjoyed being with the other residents, participating in all the activities available to him and he particularly enjoyed responding to the staff when they would greet him. Everytime we would go anywhere in the veterans home whether it was walking the halls on 2nd floor or up to music on 3rd floor or outside for fresh air and exercise on 1st floor, he would always be greeted by staff with a cheery "Hello, Dave" or "How are you today, Dave."

I spent the last four days of Dave's life at the home in his room. I was so grateful and amazed at the very caring attention he received from you all those days and nights. I thank you very much for that.

And you all were very caring and courteous to me also--being sure I ate and could shower and have a comfortable place to sleep.

Blessings on all of you for your loving ways--
With sincere thanks,
Jean Clifford

Just a few words to say thank you for taking great care of my dad, Al Duffner while he was at the Veterans Home. He did enjoy being there and it improved his quality of life until the end.
Rich Duffner

The Reams Family extends their heartfelt gratitude for the exceptional loving care and friendships provided to Perry during the past several years. Your dedication is felt in all that you do--from compassionate, skilled care, excellent meals, clean and comfortable environment to life celebrations, making days brighter with a wide variety of activities and outings--all done with smiles, hugs & fellowships.

It was a blessing and a joy for Perry to return to you after his brief hospitalization and enjoy a wonderful, warm "welcome home" before his passing. We hope you realize how much it means to families as well as residents to be able to trust in the care you provide--and want you to know the support from comrades and staff during Perry's last departure was more meaningful than words can express.

Gratefully,
The Reams Family

In loving memory of Page Piper: SEMCO, Jane Geary & Ron Alt, Mark & Louisa Fine, Dale & Donna Mudd, Terry & Chris Sells, Maud Fisher, Glennie Smiley, Ted Albin & Jan McFarling, Boone Hospital Center, W.D. & Neva Carter, Thorpe Specialty Services Coop., Darlene Morris, Lorene Kendall, Carole Fischer, Charles & Joyce Duckworth, Billie Weeks, Philip & Nancy Geary, Helen & Larry Hynes, Phyllis VanHorn, Helen Maddox, Ruth & Bill Gritton

In loving memory of John Brenneke: Richard & Linda McCarty, Patrick & Tammy Klothermus, Lonnie & Judy Taggart, Mary Kempker "Wieberg Kids", Brian & Brenda Kinkade, Agnes Brenneke & Family, Leonard & Rosemary Wieberg

In loving memory of Perry Reams: Garry & Mary Reams, Smith Family, Lynn & Bill Admire

In loving memory of Jaunita Pinson: American Legion Auxiliary #200

In loving memory of W.D. Carter: Robert & Motie Bradley, Marcella Farrah, Moser's

In loving memory of Al Duffner: Wayne & Kathy McCluggage, Rich & Jane Duffner, Clay & Marilyn Taliaferro, Ronald & Cynthia Bracht, Robert Cox PA CA, First National Bank, Monsignor Patrick D. Gavan, Paul Galloway, Ellen & Jim Wilson, Robert & Bernice Courtaway, William & Teresa Wenzel, Thomas & Judith Hoffmann, Dennis & Mary Horstmann, Evelyn & Ray Pfauch, Debbie & Stanley Meyer

In loving memory of Robert Johnston: First National Bank

In loving memory of Harold Griiffin: Minta Wilson, Jarett & Karen Porter, Mike & Jill Bruce, Mr. & Mrs. David Sudbrock, Allgood's Nursery & Yard Service, Davenport Farms, Neil Whitesell & Audrey Young, First National Bank, Andrea Campbell, Ralph & Martha Bruce

In loving memory of Ron Grove: Mark & Gail Peters, Garry & Llona Weiss, Steve & Pam Gordon, Robert & Elizabeth Stoven, Jack & Grace Ann Gard, Shawna Robinette, Edwina Grove, Stephen Wieschhaus, Linda Watkins

In loving memory of Noble Young: Lynne Dillingham, Harold & Myrtle Pike, Judith & Larry Morris, Cynthia Johnson, Mrs. Thomas Ash, Teri Robinson

In loving memory of Wilma Berry: David & Tara Curry, Jerry & Marianne Froeschner, Mr. & Mrs. Ned Azdell, Estil & Susan Poff, Gertrude Presnell, Michael & Linda Nichols, Charles Nichols, Charlesa Sargent, Judith Human, Karen Phillips, Burt & Nancy Walker, Lawrence & Patricia Lammert, John & Joyce Lowry

RESIDENT RIGHTS

The facility protects and promotes the rights of each resident of the Missouri Veterans Home in order to provide a dignified life, self-determination and communication with and access to persons and services inside and outside the facility.

- **Exercise of Rights** – You have the right to exercise your rights as a resident and citizen of the United States. You have the right to be free from interference, coercion, discrimination, or reprisal. You have the right to freedom from chemical and physical restraints. Any legal representative designated in accordance with state law, may exercise your rights to the extent provided by law.
- **Notice of Rights** - You will be informed of the rules and regulations regarding your rights and responsibilities during your residency at the Missouri Veterans Home.
- **Access to Records** – To access your records, you or your legal representative must make a written or documented verbal request. A valid request will be granted within 24 hours (excluding weekends and holidays). Copies of your records may be purchased, allowing three working days advance notice to the facility.
- **Information of Health Status** - You have the right to be informed of your total health status.
- **Refusal of Treatment** – You have the right to refuse treatment, including refusal of participation in experimental research, and to make an advance directive.
- **Notice of Covered and Non-covered Items and Services** – You have the right to know what services are included in your charges. You also have the right to be notified of other items and services that the facility offers for which you may be charged.
- **Posting of Names, Addresses and Telephone Numbers** – You have the right to file a complaint with the Missouri Veterans Commission concerning abuse, neglect, or misappropriation of your property in the facility. The names, addresses, and telephone numbers of the Missouri Veterans Commission and State Ombudsman program are posted in the facility.
- **Advance Directives** – You have the right to complete an advance directive if you wish to do so.
- **Choice of a Physician** – The facility has a Medical Director who will provide routine and emergency care to all residents if requested. You have the right to choose a different physician, if you prefer, and you will be responsible for those costs. If your physician fails to fulfill VA regulations, the facility will assist you in finding another physician.
- **Accommodation of Resident Needs** – You have the right to receive reasonable accommodation of individuality and preferences, except when the health or safety of you or other residents would be endangered.
- **Notification of Changes** – You and/or your legal representative will be informed when significant changes occur, transfer and discharge occur, and for change in room or roommate.
- **Resident Activities** – You may participate in social, religious, and community activities of your choice, unless your physician determines that such activity would be harmful to you.

RESIDENT RIGHTS, CON'T.

- Protection and Management of Resident Personal Funds – You have the right to manage your finances. If you prefer, the MVH accountant can assist you with your financial matters. You will be given a full and complete accounting of your financial status upon request. Upon your death, your money and valuables will be surrendered to the designated individual within 30 days. The facility has a surety bond to provide protection for all residents' personal funds deposited with the facility.
- Conveyance of Funds upon Death - Upon the death of a resident, all money and valuables entrusted to the facility will be surrendered in exchange for a signed receipt. The funds deposited with the facility, and a final accounting of the resident's funds, shall be conveyed to the individual or probate jurisdiction administering the resident's estate within 90 (ninety) days.
- Assurance of Financial Security - The facility has a surety bond to provide assurance for the security of all residents' personal funds deposited with the facility.
- Limitations or Charges to Resident's Personal Funds – You will not be charged for items or services for which payment is made under VA Regulations. You will be informed that charges will be imposed when non-covered items or services are requested.
- Privacy and Confidentiality – Your medical, mental, and financial status are confidential and will not be shown to or discussed with unauthorized persons without your approval.
- Grievances & Complaints – You may voice grievances and recommend changes in policies and services to facility staff or outside representatives without discrimination or reprisal from the facility. Assistance will be provided by the Social Services Department or Home Administrator.
- Examination of Survey Results – You have the right to review the most recent Veterans Administration survey.
- Work – You have the right to perform services for the facility, if you choose. Volunteering will be documented in your plan of care.
- Mail – You have the right to send and receive mail unopened.
- Access and Visitation Rights – You have the right to meet with and communicate privately with persons of your choice.
- Telephone – You have the right to reasonable access to a telephone, in private.
- Personal Property – Except for restrictions of space and safety, you may retain and utilize personal clothing and possessions.
- Married Couples – You and your spouse may share a room if you so desire.
- Self-administration of Drugs – You have the right to self-administer medications if the interdisciplinary care plan team approves.
- Photographing Residents - Upon admission each resident is required to sign “Consent For Use of My image, Name and Written/Oral Statements” for purposes of identification, documenting medical conditions and activity program participation as part of the admission agreement.
- Smoking – You may smoke in designated smoking areas, observing facility smoking regulations.

WELCOME

Mr. Theodore “Ted” Ball was admitted on February 18, 2014 from Mexico, MO as the 1417th resident. Mr. Ball served in the United States Army from 1944 - 1946.

Mr. Larry Nobbman was admitted on February 24, 2014 from Jefferson City, MO as the 1418th resident. Mr. Nobbman served in the United States Marine Corp from 1958 - 1965 and the National Guard from 1971 - 2000.

Mr. Donnie Wren was admitted on March 5, 2014 from Ashland, MO as the 1419th resident. Mr. Wren served in the United States Air Force from 1951 - 1953.

Mr. Estil “Bud” Myers was admitted on March 11, 2014 from Mexico, MO as the 1420th resident. Mr. Myers served in the United States Navy from 1950 - 1974.

Mr. Paul “PG” Watkins was admitted on March 18, 2014 from Shelbina, MO as the 1421st resident. Mr. Watkins served in the United States Navy from 1943 - 1961.

Mr. Vernon T. Davis was admitted on March 24, 2014 from Fulton, MO as the 1422nd resident. Mr. Davis served in the United States Army from 1952 - 1972.

Mr. Billie Duncan was admitted on March 31, 2014 from Mexico, MO as the 1423rd resident. Mr. Duncan served in the United States Army from 1948 - 1952.

Mr. Robert “Bob” Allsman was admitted on April 3, 2014 from Columbia, MO as the 1324th resident. Mr. Allsman served in the United States Navy from 1951 - 1955.

Mr. Ralph Jett was admitted on April 28, 2014 from Lake Ozark, MO as the 1325th resident. Mr. Jett served in the United States Marines from 1942 - 1946.

Mr. Alfred Brown was admitted on April 29, 2014 from Wellsville, MO as the 1426th resident. Mr. Brown served in the United States Army from 1951 - 1952.

MEXICO VETERANS HOME SALUTES, Con’t...

Allen Leverett was born on August 10, 1932 in Middletown, Missouri as one of four children. His father was a farmer, farming wheat, corn, soybeans, oats, hogs and cattle. He also owned his own well driller and drilled many wells around this area. The deepest well he ever drilled was for the Mexico Sale Barn. Allen’s mother was a homemaker and also raised chickens that she sold to Big Boy’s restaurant near St. Louis. As a child, Allen enjoyed helping his father with the farm and by the time Allen was 15-years-old his father had entrusted him with all the farm duties because his drilling business kept him very busy. Allen spent his time before and after school taking care of their farms and helping with the family garden. He recalls having to haul water every day from a creek a half-a-mile away to water their livestock. They also hauled gravel from the creek for their driveway. They worked hard, but Allen loved the work. Soon after his graduation from Wellsville-Middletown High School, he was drafted into the Army. Allen served in the Army from 1952-1954 during the Korean War. He did his basic training at Camp Roberts, California, which compared to the Mid-West, was a nice place to be in December! He trained with the military police and was then sent to Fort Lewis, Washington. His job was to travel all over the U.S. picking up AWOLs, a job that took him to 49 U.S. states. The AWOLs never gave him any trouble, they were just very homesick. In between his travels, he patrolled the town and stood guard duty. He also had to track down prisoners who escaped from the stockades. After the bars closed on payday, he’d drive down the streets picking up servicemen who’d missed the bus and had no other way back to base. After Allen’s discharge from the Army in December 1954, he used his military pay to visit his grandpa in Phoenix, Arizona, went Christmas shopping and went home to see his family. He returned to his work as a farmer and after he married, his dad made him partner of their 500-600 acres of farmland because his father was still very busy drilling wells. Eventually, Allen bought all of his dad’s farms and Allen will eventually hand them all down to his children. He also spent eight years working part-time as Chief of Police in Middletown, Missouri. He did this mostly to keep a close watch over his children! Middletown didn’t have a jail, so he called a lot of parents to pick up their kids so they didn’t have to go all the way to Montgomery City. Farming has always been Allen’s favorite job, but when things got rough for farmers, he took a full-time job with Fulton State Hospital in security, patrolling the grounds and transporting patients. He retired from the hospital after 20 years. Allen and his wife, Susie, celebrated their 58th Wedding Anniversary last month on April 15th. They raised five children. Deborah lives in New Jersey, William and Barry live in Middletown, Bradley lives in Louisiana, Missouri and their son Robert is deceased. Allen has eight grandchildren and one great-grandchild. When his children were young the family took a vacation every summer, going to Yellowstone, the Grand Canyon, the Petrified Forest and any other site in the west or the east that they thought the kids would enjoy. They also enjoyed going to movies and church events at Middletown Baptist Church. Allen was the Sunday School Superintendent, a Sunday School Youth Teacher, and a deacon. After their children were grown, Allen and his wife continued to travel. They visited Costa Rica, the Dominican Republic, Panama, Haiti, Cancun, Hawaii and Alaska. Allen came to the Missouri Veterans’ Home in October 2013. We’re so proud to know and serve him. Please join us in congratulating Allen and his family as we salute him as the May Resident of the Month!



Missouri Veterans' Home – Mexico
 Assistance League
 15th Annual Scramble for Freedom
 4 Person Scramble – 18 Holes
 Limited to first 36 paid teams



Date: Saturday, August 9, 2014

Registration: 7:30 a.m. – 8:45 a.m.

Tee-off: Approximately 9:00 a.m. **Place:** Arthur Hills Golf Course

Lunch Provided Entry: \$65 per person (Includes cart and lunch)

Individual entries can be assigned to a team.



Prizes: Flights A – B – C
 \$600 in cash prizes each flight plus lots more!!
(Flight prizes depends on number of team registered)



****1st Hole-In-One on #6****
Wins a NEW Chevrolet Cruze
(type of vehicle depends on availability)
 Sponsored by:

Pearl

MOTOR COMPANY

It is intended that proceeds from this tournament will be invested in a Veterans' Home Endowment Fund. Your entry fee, income from corporate sponsors, hole sponsors, and cart sponsors will be used to give our Residents the Freedom to go on outings, take part in activities, enhance the surroundings and receive assistance for personal needs when required.

For more information please contact:

Susan Paden, Supervisor of Volunteer Services (573)581-1088 x1286

Veteran Centered Care

Submitted by: Marlene Benne, Staff Developmental Coordinator

The Mexico Veteran's Home provides long term care to 150 of our nations heroes. In keeping current with the long term care industry trends we have begun the Culture Change journey and are excited to be moving away from the medical model of care to a social model of care. We call this Veteran Centered Care and we have a Veteran Centered Care Steering Committee. For 2014 the committee has chosen to focus on improving oral care and enhancing the dining experience for our Veterans. Both projects have plans in place and ironically, both projects are temporarily delayed dependent on carts.

Good oral care is not just an important part of grooming; it is a necessary means of infection control. Medical literature supports good oral health as the key to strong immune systems lessening the likeliness of infections especially of the respiratory system. Assessment and support training has already occurred to a focused group of licensed staff on the third floor. Additional training for front line staff will occur at the end of May just before the arrival of the oral care cart which is to be the first part of June. When the cart arrives it will be stocked and the oral care trial will be kicked off in module 15. The intent is to provide one thorough oral cleaning per day to those who are unable to provide oral care for themselves. The program will expand to all modules of the home once the initial kinks have been worked out.

A large part of culture change or Veteran Centered Care involves the dining experience. At present, the dining experience in our home involves a food service line with a stationary steam table and carrying a lot of food trays. This process is slow and burdensome on the Veterans and staff.

The Steering Committee has a vision to enhance and improve the dining experience. Imagine you are the Veteran. You enter a dining room of cloth covered tables that are set with glasses, utensils and cloth napkins. You find a seat with your buddies and someone serves you a beverage while you visit. Once your table is seated the Suzy Q cart arrives (mobile steam table) and you and your fellow diners make your selections. Your hot food is plated and set on the table in front of you, not a tray. You don't have to carry your food anywhere and you enjoy a hot meal together with the others at the table. Near the end of your meal the desert cart comes by. You make your selections and perhaps summon the staff for a hot cup of coffee or other beverage to enjoy with your dessert. After all, with the exception of a cart, isn't this how many of these Veterans have enjoyed meals in their homes in the past, visiting while eating together with others at the table. Using this same concept the dining experience is being changed on the second floor as well. Veterans will be served in their familiar home module with familiar comrades by familiar staff. Staff will not be as fragmented during meal times allowing them to focus on the Veteran and reduce the Veterans confusion and the anxiety through consistency.

So look for some changes to come which we believe will add quality and enjoyment to the lives of those we serve.

NEWS FROM NAHCA

Submitted by: Amy Spoor

Our NLT team consists of three extraordinary women who each have a desire to make a difference. Our very first project of 2014 was a candy gram sale that raised \$387 which has went towards purchasing a flat screen digital picture frame for our lobby to display our Veteran's pictures. We originally had a computer monitor set up that would display them on a screen saver but anytime it was hit the screen saver would go off and you would have to wait for it to come back on. We felt an actual digital frame would not only look nicer but that our Veterans deserved something special. Our next project was a St. Patrick's Day bake sale with all proceeds going towards the local buddy pack program which helps families in our community who cannot afford meals for their children. We raised \$201.25!

We decided that this year we not only wanted to make a difference in our facility but wanted to branch out to our local community and those in other countries as well. We currently have two ongoing programs that we are very excited about that help those all around the world. In many third world countries, medicines, if obtainable, are often dispensed into hands, pockets, leaves, or other make shift containers. In conjunction with Matthew 25: Ministries we are collecting donations of pill bottles to help the poorest of the poor in many ways. Our other ongoing project is a shoe collection for The Shoeman Water Project. The secondhand shoes are a valuable product for street vendors to sell at affordable prices. The end users are people who do not have shoes and cannot afford to purchase new shoes. The shoes protect the new owner's feet from foot abrasions, parasites and mites. The funds generated from the export of shoes provide well drilling rigs, water purification systems, and hand pump repair. People who thirst receive fresh drinking water and mothers are given the chance to bathe their babies in clear water.

When asked what other organizations our Veterans were interested in helping, the Wounded Warrior Project was mentioned by many. We decided that since it is "spring cleaning" time it would be great for staff to bring in those items they wanted to get rid of and have a silent auction. It is such an easy and fun project. Staff, residents and visitors stop by and place their bids. Many of our residents look forward to silent auctions because they get a chance to see newer age items that they have not seen before.

Each new hire is given a welcome packet which consists of a letter of introduction letting them know what NAHCA is and that they are a part of this wonderful organization. Along with the letter they will find a flashlight, because many of our new hires start out on night shift, a pen and a sharpie marker. It is a little gesture to let them know we are happy to have them aboard and start their experience off knowing they are appreciated. To help boost moral we decided that it would be fun to have an Easter Bunny come in to the facility for staff to be able to bring their children and grandchildren in to see. Each child goes home with an egg filled with candy and staff has a fun photo opportunity to remember Easter 2014 with. Guest speakers are lined up to come speak with our residents about military experiences and how world matters are affecting Veterans today.

As caregivers we are always putting the needs of others before ours. This year our NLT wants to make sure that we are setting time aside to let our staff know that we appreciate them and are very excited for the upcoming months when we take a turn in our focus to give back to our staff.



**Above:
Our Veteran Volunteers are honored at
the Volunteer Banquet**



**Above:
Brian recognizes the “What a
Veteran Means to Me” essay winners**

**Below:
Everyone prepares for the Fashion
Show**



**Above:
Veterans enjoy breakfast at the
Centralia High School**



**Above:
Some of our Runway Models at the
Fashion Show.**



**Above:
St. Brendan’s First Graders entertained
us with Patriotic Songs.**

Missouri Veterans' Home
1 Veterans Drive
Mexico, MO 65265

Presorted Std.
U.S. Postage Paid
Mexico, MO
Permit No. 244

Update Mailing List

We are constantly updating our mailing list. Please let me know if you move or change addresses, if you are receiving more than one copy of the newsletter, if you no longer want a copy or if you know of someone who would like to be added to the mailing list just call 573-581-1088 ext. 1286 or e-mail susan.paden@mvc.dps.mo.gov