



Missouri Women Veterans Newsletter



Volume 2014, Issue 34

www.mvc.dps.mo.gov/service/women

January - March 2014

Editors Note



My Dearest fellow Women Veterans, this will be my last newsletter. I resigned from MVC in December. I wanted to take a moment and just say I have truly enjoyed helping and meeting many of my fellow Veteran sisters. I have made a lifetime of friendships throughout the state of Missouri. Each of you impacted me in a positive way. It was a difficult decision for me to resign as the Women Veterans Coordinator however, for personal and professional reasons it was the best choice for me. Ladies, always remember to take care of #1 (you). I'll miss you all~Aim High!

Honoring Our Women Veterans

On November 11th the University of Central Missouri (UCM) hosted a Veterans Day event honoring Women Veterans. I had the honor to co-emcee this event with Alex Slocum. Special guest speakers included Dr. Charles Ambrose, President of UCM, Brig. General Bussiere who spoke on the accomplishments of the late U.S. Representative Ike Skelton and Lt. Col Beth Makros who was the key note speaker. Lt. Col Makros is the commander of the 349th Combat Training Squadron at Whiteman AFB. She spoke on the meaning of Veterans Day and the accomplishments of women in the military and through-out history. Every woman Veteran that attended the event was individually recognized in a parade by the announcers reading her name, branch and years of service and she was given a carnation as a small token of her appreciation. As their name was individually read, the women Veterans proudly paraded through the UCM Multipurpose Building. Every branch of service had at least one member to carry their military flag and some had as many as 20 Veterans behind their military flag. After the event the American Legion Post 131 provided a lunch for all the women Veterans that participated in the parade. I wanted to thank UCM, Delilah Nichols-Coordinator Military Veterans Services, Alex Slocum-Adjutant American Legion Post 131, American Legion Post 131 for providing lunch, VFW Post 2513, MO Army National Guard for refreshments, and the Warrensburg Area Chamber of Commerce and Visitors Center for making this event a day women Veterans felt proud and appreciated to be a Woman Veteran!



Women Veteran Attendees



Whiteman AFB All Female Honor Guard

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Emcee's Amy Bennett and Alex Slocum



Lt. Col Beth Makros

Navy Boot Camp Supply List in 1968 Compared to 2013, 45 years later



(President Johnson signs Public Law 90-130 which opened advanced military rank to women and lifting ceilings on the numbers of women in the military, November 1967.)

In 1968 Dayle (Trip) Goldsworthy enlisted in the Navy. She was given the following list of items to bring with her to boot camp. I found it interesting how times have changed with the items that were required for women to bring to boot camp. The following items were recommended articles of clothing and supplies to wear or bring to Navy boot camp in 1968. It was also recommended not to bring clothes that require dry cleaning or much fussy work; they should be simple washables:

- | | |
|---------------------------------|---|
| 1 suit | Comfortable low-heeled shoes |
| 1 coat* and/or raincoat | Cotton Dresses* |
| 2 or 3 blouses | Seamed, neutral shade hose, 2 to 4 pair |
| 1 extra skirt pleated or flared | 1 head scarf or rain cap |
| 1 sweater | Galoshes |
| 1 pair of slacks or shorts* | |

*As demanded by season

In addition, bring as much of the following lingerie as possible:

- | | |
|---------------------------------|--|
| 6 white brassieres | 2 white girdles, or 1 garter belt and girdle |
| 6 pair of white pants | 3 pair of pajamas or nightgowns |
| 4 white slips (full slips only) | 1 robe or housecoat |
| 1 shadowproof slip | 1 pair of bedroom slippers |
| | 1 pair of shower clogs |

In 2013 it is recommended that Navy Women recruits should arrive in conservative, comfortable slacks or jeans and shirt. No tank tops, halter tops or short-shorts are permitted. Women are also required to bring these items:



- 6 white bras (standard white cotton -- two should be athletic support)
- 6 panties (white cotton)
- sanitary items (as required)
- 2 white half-slips
- 2 pairs of pantyhose or stockings (skin tone)
- shampoo (in small plastic container)
- a copy of PAP smear if one was performed six months prior to ship date
- If currently using birth control pills, bring the pills and a copy of exam records specifying the type(s) of birth control pills both currently and previously prescribed.

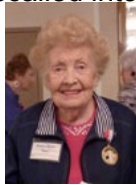


Saluting Our Women in Uniform

Audrey Tarbet



I joined the Navy Waves in 1944, it was a long train ride from St. Louis, MO to Bronx, NY for boot camp. My pink linen suit had turned gray by the time I arrived because I was seated right behind the steam powered engine. I arrived with several other female recruits and I remember everyone wearing high heels, carrying their suitcases and marching to the university where they would undergo basic training. I learned to love the marching part of training, getting up early and singing songs. Surprisingly swimming was not taught to the WAVES. Boot camp was followed by attending school in Stillwater, OK where I learned dictation and typing. Then I was sent to Seattle, WA Pier 91 to work at the Fleet Post Office. My job was to keep records of the men on sea duty. I met my future husband in Seattle, he was a flight instructor in the Army Air Corps. We were married in our uniforms. Sadly, I lost him when he was recalled into service during the Korean conflict. Looking back, I would do it all over again, maybe I would have stayed in the Navy. I just wish all the young women could have had the experience." I am a proud woman Veteran.



Cee Cee Sarber



I received my nursing degree from St. Luke's Hospital in St. Louis, MO and was working in Kansas City when I decided to enlist in the USAF in 1961. That's when the adventure began. I caravanned with three other young women from St. Louis. We didn't know each other very well, but we tied balloons to the top of our cars so we could spot each other. I entered the Air Force as a 1st Lt and I remember being saluted by the gate guard when I arrived for training. I didn't really think about what was coming, but was quickly indoctrinated into my new life by running, climbing ropes, and learning military ways. My training assignment was followed by a permanent duty station at Langley AFB. I started out working in a barracks style hospital and eventually moved into a new high rise hospital that was completed. Most of my time was spent caring for military wives and children. I was in the Reserves from 1963 until 1969 when I resigned my commission. I received a letter stating I was no longer eligible to serve because I had a child even though I was married. "I am proud of my service, it's a wonderful opportunity for a woman to grow and to have experiences you can't have any other way."

Mildred McKeehan



I joined the U.S. Marine Corps Active Reserves in 1956 by responding to a media advertisement I saw. At the time I lived in Miami, Florida. During my service in the Reserves I was sent to Parris Island, South Carolina for intensive training. I liked it so well I decided to go full-time active duty the following year. While in boot camp at Parris Island I was privileged to attend the first annual Boot Bowl which was a football game between two Marine teams. I still have a copy of the program from that game of all the players names. When I was half way through boot camp I said to myself, "If I can live through this, I can live through anything." I planned to make a career of the Marine Corps, but I decided to get married. After I got married I ended up getting pregnant almost right away. When the Marine Corps found out I was pregnant, it took them about five minutes to decide to discharge me, that was in 1959. I have never regretted joining the Marine Corps. I am using my VA benefits and now I reside in the state of Missouri.



Phyllis Sullivan



In 1961 I was deciding what direction to take after high school and decided the Navy would give me the education or training I couldn't afford. The jobs available to women when I enlisted were "limited". I didn't want to go into the medical field and my father was the one who pointed out a picture of a lady standing in front of a card sorter and told me I would be good at that and that's what I got. I went to basic in Bainbridge, MD. The scariest part was the requirement to jump off the Pink Elephant. I was a California girl afraid of the water. The Pink Elephant was a diving platform at the pool. The fear of not making it through boot camp was stronger than the fear of drowning, so I jumped. The chance of serving on a ship was minimal unless it was a hospital. The women were taught how to transform their dungarees into flotation devices. After basic I went to school to learn Machine Accounting. I was stationed in California. I married in 1965 and after I became pregnant I left the Navy. I give much credit to the Navy for becoming the woman I am today.



In Honor of Women's History Month, March 2014



Celebrating Women of Character, Courage and Commitment

Q. In What military conflict did a woman lead U.S. troops into combat for the first time?

- A. 1961 Bay of Pigs
- B. 1983 Grenada
- C. 1989 Invasion of Panama
- D. 1991 Gulf War

A. (C) U.S. Army Capt. Linda Bray commanded 30 MP's in a fire fight against Panamanian soldiers defending a huge weapons cache.

Q. What role did Capt. Anne Lentz play in Marine Corps history?

- A. First commissioned female officer
- B. Marine's first Woman aviator
- C. First female Marine to die in combat
- D. First female Marine to earn a Bronze Star Medal

A. (A) She was the first commissioned female officer.

Q. Who became the first Hispanic woman to become a USMC General?

- A. Carmen Salazar
- B. Sonia Roca
- C. Nancy Sanchez
- D. Angela Salinas

A. (D) Major General Salinas, all of the other women did serve in an officer capacity in the military.

Upcoming Events



February 7th-National wear **RED** Day to bring awareness for Heart Disease that affects women.

February 14th- "Valentines for Veterans Concert" performed by Daryl Worley at the Black River Coliseum in Poplar Bluff. **FREE** to Veterans, Service members, and their families. Concert starts at 7 pm. If you would like tickets, please call (573) 778-4275.

April 11th-12th-(Save The Date) The 2nd annual Women's Veteran Retreat is going to be held at the Herbert Williams American Legion Post 202, 3669 Legion Lane, Columbia, MO. 65201, 573-808-0000. More details will follow at a later date.

Lt. Governor Kinder announces 2013 winners of Veterans Service Award

Missouri Lt. Governor Peter Kinder announced 26 winners of the 2013 Lieutenant Governor's Veterans Service Award, which recognizes Missouri Veterans who provide exemplary volunteer service to their communities. Kinder started the award last year, and he received nearly 300 nominations from around the state. Out of the 26 Veterans selected, four of them are Women Veterans. Congratulations to: Gayle Langan, Anna McDonald, Mary Jane Thibault and Lenora Davidson.

Missouri Veterans Commission 3 Key Messages:

If you have ever served in the military have you:

Visited with a Veterans Service Officer?

Signed up for VA Health Care?

Joined a Veterans Service Organization?

Happy New Year

Another new year means new beginnings for all of us. With the New Year among us I always like to take this time to reflect on all of the wonderful events that took place for women in the military and women Veterans in 2013.

January 23rd- Pentagon lifts ban on Women Military in combat.

April 2013-April 2014 is the Year of the Military Woman.

April 2013- VA created a new call center just for Women Veterans 1-855-VA-WOMEN (1-855-829-6636).

April 5th-6th- VA Annual Salute to Women Veterans in Columbia.

May 4th- Women Veterans Benefits Expo in Springfield.

May 11th- Stand Up! For Women Veterans in St. Louis.

June 2013- Military leadership revealed their plans to integrate women into previously closed positions of combat. This would open up nearly 240,000 jobs to women in the military.

June 15th- VA Team in St. Louis participated in "Vet Race for a Cure" to support Breast Cancer.

August 2013- Female Marines celebrated 95 years in the Corps.

August 2013- The American Legion started another all women post (Central Missouri Women Veterans Post 1111) in Columbia.

September 2013 – The first female Marines began infantry training.

September 28th- Jen Eaton an Air Force Veteran was named the 2013 Missouri Woman Veteran of the Year at the Missouri Women Veterans Luncheon/Expo in Jefferson City.

November 5th-11th The Branson Task Force hosted Veterans Homecoming Week.

November 9th- Branson Task Force hosted the 10th Annual Rose Petal Ceremony.

November 10th -Women Veterans were featured in an article titled "Women Vets: A Battle All Their Own" in the Parade Magazine.

November 11th- Women Veterans were honored at a ceremony on Veterans Day at the UCM in Warrensburg.

November 16th- The St. Louis Service Women Post 404 hosted the annual "Tribute to Women Veterans".

In Honor of Women's History Month, here is a list of famous women,
only their last names are in the Word Find

C	P	A	R	K	S	H	M	A	N	B	Y	T	D	O
Q	P	K	E	H	S	S	C	E	L	R	R	E	L	W
A	D	F	H	J	N	L	S	T	V	W	L	R	B	C
B	D	F	C	B	E	A	R	H	A	R	T	W	Z	Y
A	C	H	T	R	O	W	K	C	U	D	L	R	R	T
W	O	O	I	A	D	N	A	M	B	U	T	E	S	E
R	T	A	P	Y	N	R	K	S	L	N	W	L	Y	N
Z	V	A	U	G	H	T	Q	L	O	W	A	L	K	E
J	R	E	K	L	A	W	H	O	D	O	M	E	Y	W
L	L	E	N	N	I	B	R	O	C	O	M	K	O	S
H	A	R	E	M	O	C	W	E	N	D	D	O	P	S
E	M	O	C	W	A	T	V	W	M	Y	A	N	Y	Z

Susan **Anthony**
Linda **Bray**
Margaret **Corbin**
Tammy **Duckworth**
Ann **Dunwoody**
Amelia **Earhart**
Helen **Keller**
Elizabeth **Newcome**
Rosa **Parks**
Molly **Pitcher**
Harriet **Tubman**
Wilma **Vaught**
Mary **Walker**
Loretta **Walsh**

Veterans Service Program Director, Doug Meyer
Senior Editor and Women Veterans Benefits Outreach Coordinator, Amy Bennett
Editorial Assistant, Design, and Layout, Pamela S. Luyk

www.mvc.dps.mo.gov





MISSOURI WOMEN VETERAN OF THE YEAR NOMINATION

Personal information you provide may be used for secondary purposes [Privacy Law, s.15.04(1)(m)]

Missouri Veterans Commission will recognize a Missouri Woman Veteran who has compiled a record of exceptional service as a Military Service Member, a Veteran, and a Citizen. She must have a DD214 for Veterans Status.

The award will be presented annually at the Women Veteran Luncheon. Nominations may be submitted by a nominee or the Veteran herself. Nominations must be received by August 29, 2014.

Submit this signed nomination form to: Missouri Women Veteran Coordinator
Missouri Veterans Commission
525 Jules, Room 320
St. Joseph, MO 64501
(816) 387-2841
Amy.Bennett@mvc.dps.mo.gov

Please type or print clearly

NOMINATOR'S NAME & ADDRESS: Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

VETERAN'S NAME & ADDRESS: Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Local Newspaper: _____

VETERAN'S INFORMATION: BRANCH(S) OF SERVICE (check all that apply): ☐ US Army ☐ US Marine Corps
☐ US Navy ☐ US Air Force ☐ US Coast Guard ☐ US Merchant Marines ☐ US Army Air Corps
☐ Other: _____

MILITARY SERVICE: From: _____ To: _____ Character of Discharge: _____
(must have a DD214)

LIST ALL MILITARY AWARDS AND DECORATIONS (attach additional sheet if necessary):

LIST COMMUNITY ORGANIZATIONS AND OFFICE(S) HELD (attach additional sheet if necessary):

LIST VETERANS ORGANIZATIONS AND OFFICE(S) HELD (attach additional sheet if necessary):

PLEASE SPECIFY WHY THE NOMINEE SHOULD BE SELECTED AS THE MISSOURI WOMAN VETERAN OF THE YEAR. In the justification, please cite specific examples of accomplishments toward enhancement of female Veterans in the past 12 months. You may also include past accomplishments, for example: any awards, publications, association/committee participation, community service, or participation in campus/civic activities (attach additional sheet if necessary).



Please join our Registration of the
Missouri Women Veterans to continue to
receive this Free Newsletter and
Women Veteran Sticker



State of Missouri Women Veterans

Name: _____

Name you served under (if different from above) _____

Address: _____

City: _____ County: _____ State _____ Zip _____

Daytime phone: _____

Email address: _____

Birth date: _____ / _____ / _____
Day Month Year

Place of Birth _____
City/State

Service (Circle one) USA USMC USN USAF USCG GUARD/RESERVE

Service dates: From _____ To _____
From _____ To _____

Where did you receive this registration form? _____

Would you like contact information and a schedule for a Veteran's Service Officer in your local area to explain your potential benefits? Yes _____ No _____

Do you wish to share this information with WIMSA (Women in Military Service for America Memorial) in Arlington VA? Yes _____ No _____

Would you like to be featured in the next Women Veterans Newsletter? Yes _____ No _____

To receive your free gift and Woman Veteran State Sticker Return to:

Missouri Veterans Commission
Amy Bennett, Women Veterans Coordinator
525 Jules, Room 320
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